



Ellie Counselling

Social Media Statement

I use social media privately and professionally, therefore, there is a possibility that, if you use social media yourself, you may see my social media activity. Confidentiality is of utmost importance for the therapeutic relationship to work and I will therefore, never share any client information on social media.

I will not accept Friend Requests from any client to my personal social media accounts as a professional relationship with clear boundaries. Is essential.

Any content posted could possibly have an impact on the therapeutic relationship because of the nature of our work and there will be themes of issues and I may post of blog on mental health issues or concerns which may resonate with your situation. If you are concerned at anytime please feel free to discuss your worries to seek reassurance from me..

I ask you to consider your own privacy, as social media is a public forum. I will respond to messages on the social but reserve the right to delete any inappropriate content. I will always aim to protect the counsellor / client therapeutic relationship. If you have any questions with this policy, I am happy to discuss.

